

# Gin Fizz: The Ultimate Low-Carb Cocktail

Hands-on 5 minutes Overall 5 minutes

**Nutritional values (per serving):** Total carbs: 3.4 g, Fiber: 0.2 g, **Net carbs: 3.2 g,**

Protein: 0.2 g, Fat: 0 g, Calories: 139 kcal,

[Original recipe](#), [Keto Diet App](#) - The ultimate low-carb diet app



## Ingredients (makes 2 servings)

1/3 cup fresh lime juice (80 ml/ 2.7 fl oz)

1/2 cup gin (120 ml/ 4 fl oz) - *other options: vodka, rum or tequila*

2 cups sparkling water, or enough to top up

ice cubes

few cucumber slices (if using gin), lime slices and fresh mint

*Optional:* [liquid stevia](#) to taste ([SweetLeaf](#) or [NuNaturals](#))

## Instructions

1. Place a few mint leaves in an ice cube tray. Fill them up with water and freeze until solid (I used [large ball ice molds](#) but you can use a [regular ice cube tray](#)).
2. Slice the cucumber and juice the lime.
3. Place a few ice cubes into two glasses. Add gin, lime juice, cucumber slices and top them with sparkling water. Optionally, mix in 3-5 drops of liquid stevia into each glass.
4. Garnish with fresh lime slices, cucumber and mint. Enjoy!

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