

Quick & Easy Cucumber Radish Salad

Hands-on 10 minutes Overall 10 minutes

Nutritional values (per serving): Total carbs: 6.1 g, Fiber: 1.8 g, **Net carbs: 4.2 g**,

Protein: 1.7 g, Fat: 23.2 g, Calories: 234 kcal,

Original recipe, Keto Diet App - The ultimate low-carb diet app



Ingredients (makes 6 servings)

Keto Diet App

Dressing:

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3/4 cup paleo mayonnaise (165 g/ 5.8 oz) - *you can make your own*

2 tbsp fresh lemon juice (30 ml)

salt and pepper, to taste

2-4 tbsp chopped dill

Optional: 1-2 tsp coconut vinegar *or* apple cider vinegar

Optional: 1-3 tsp powdered Erythritol *or* Swerve

Salad:

3 large cucumbers, sliced (900 g/ 1 lb)

200 g radishes, sliced (7.1 oz)

1/2 large red onion, sliced (85 g/ 3 oz)

Instructions

1. Prepare the dressing by mixing the lemon juice and mayonnaise.
2. Season with salt and pepper to taste. Optionally, add 1-2 teaspoons of vinegar. Add freshly chopped dill and mix well.
3. Using the slicing attachment on your food processor or a knife, thinly slice the cucumbers, radishes, and red onion. Place the sliced vegetables in a mixing bowl.
4. Pour the prepared dressing over the sliced vegetables.
5. Mix until well combined. Serve as a side with meat or fish, as an appetiser, or light dinner. Eat immediately, or store in the fridge for up to 2 days.

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