

Keto Strawberry Chocolate Bark

Hands-on 5 minutes Overall 1 hour

Nutritional values (per serving, about 28 g/ 1 oz): Total carbs: 3.8 g, Fiber: 1.2 g,

Net carbs: 2.6 g, Protein: 1.6 g, Fat: 11.8 g, Calories: 118 kcal,

[Original recipe](#), [Keto Diet App](#) - The ultimate low-carb diet app



Ingredients (makes 9 servings)

140 g [90% dark chocolate](#) or [Lily's sugar-free chocolate chips](#) (5 oz)

2 tbsp virgin [coconut oil](#) (28 g/ 1 oz)

4-5 strawberries, sliced (85 g/ 3 oz)

Instructions

1. Combine the chocolate chips with the coconut oil in a microwave safe bowl and microwave in 1 minute increments until melted and smooth. Alternatively, melt the dark chocolate in a double boiler or a glass bowl on top of a small saucepan filled with a cup of water over a medium heat.
2. Pour the chocolate mixture on a baking sheet lined with parchment or wax paper.
3. Top with sliced strawberries then transfer to the freezer for one hour until set.
4. Cut or break into pieces.
5. Store in an airtight container in the freezer for up to one month.

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