Keto Chocolate Zucchini Bundt Cake

Hands-on 10 minutes Overall 1 hour 10 minutes

 $\textbf{Nutritional values (per slice):} \ \ \textbf{Total carbs:} \ \ \textbf{7.7 g, Fiber:} \ \ \textbf{3.8 g, Net carbs:} \ \ \textbf{3.8 g, Protein:} \ \ \textbf{7.3 g,} \\ \textbf{1.3 g, Protein:} \ \ \textbf{7.4 g, Fiber:} \ \ \textbf{3.8 g, Net carbs:} \ \ \textbf{3.8 g, Protein:} \ \ \textbf{7.8 g,} \\ \textbf{1.4 g, Protein:} \ \ \textbf{7.8 g,} \ \ \textbf{1.4 g, Protein:} \ \ \textbf{7.8 g,} \\ \textbf{1.4 g, Protein:} \ \ \textbf{7.8 g,} \ \ \textbf{1.4 g, Protein:} \ \ \textbf{7.8 g,} \\ \textbf{1.4 g, Protein:} \ \ \textbf{7.8 g,} \ \ \textbf{1.4 g, Protein:} \ \ \textbf{7.8 g,} \\ \textbf{1.4 g, Protein:} \ \ \textbf{7.8 g,} \ \ \textbf{1.4 g, Protein:} \ \ \textbf{7.8 g,} \\ \textbf{1.4 g, Protein:} \ \ \ \textbf{1.4 g, Protein:} \ \ \textbf{1.4 g, Protein:} \ \ \textbf{1.4 g, Protei$

Fat: 20.7 g, Calories: 229 kcal,

Original recipe, Keto Diet App - The ultimate low-carb diet app



Ingredients (makes 16 servings)

Cake:

2 3/4 cups almond flour (275 g/ 9.7 oz)

1 1/3 cups powdered Erythritol or Swerve (200 g/ 7.1 oz)

1/2 cup cacao powder (43 g/ 1.5 oz)

2 tsp gluten-free baking powder

1/2 tsp sea salt or pink Himalayan salt

6 large eggs

1/2 cup melted butter or ghee (113 g/ 4 oz)

2 medium zucchini, pureed (240 g/ 8.5 oz)

2 tsp sugar-free vanilla extract

Frosting:

1/4 cup virgin coconut oil (55 g/ 1.9 oz)

1/2 cup cacao powder (43 g/ 1.5 oz)

stevia drops, to taste

Instructions

- 1. Preheat the oven to 165 °C/ 325 °F (conventional), or 145 °C/ 290 °F (fan assisted) and grease a bundt pan.
- In two separate bowls mix together the wet and dry ingredients respectively. Pour the wet mixture into the dry and mix together well. Pour the batter into the prepared pan.
- Smooth out the top, transfer to the oven and bake for about 60 minutes or until a toothpick inserted into the middle comes out clean.
- When the cake is done allow to cool completely before inverting onto a cake stand.
- To make the frosting, melt together the coconut oil and cacao powder, add stevia to taste 2-3 drops at a time.
- 6. Pour the frosting over the cake and serve.

Optionally, dust with more powdered sweetener. Store covered at room temperature for up to 4 days.

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