

# Keto Cheese Stuffed Crust Pizza

Hands-on 10 minutes Overall 30 minutes

**Nutritional values (per slice):** Total carbs: 5.7 g, Fiber: 1.1 g, **Net carbs: 4.5 g,**

Protein: 17.6 g, Fat: 19.2 g, Calories: 262 kcal,

[Original recipe](#), [Keto Diet App](#) - The ultimate low-carb diet app



## Ingredients (makes 1 pizza/ 8 slices)

### Crust:

1 1/2 cups shredded mozzarella (170 g/ 6 oz)

2/3 cup almond flour (67 g/ 2.3 oz)

150 g string cheese sticks or gruyere or cheddar cut into sticks (5.3 oz)

### Topping:

1/2 cup tomato passata (125 g/ 4.4 oz)

1/4 cup basil leaves, thinly shredded

150 g fresh mozzarella slices (5.3 oz)

1/2 cup shredded mozzarella (57 g/ 2 oz)

black pepper

*Optional:* extra virgin olive oil for drizzling

## Instructions

1. Preheat oven to 180 °C/ 355 °F (fan assisted), or 200 °C/ 400 °F (conventional).
2. Place the shredded mozzarella into a microwave safe bowl and heat on high for 1 minute. Remove and stir and then heat in 30 second bursts until the cheese has fully melted.
3. Add the almond flour and mix to form a dough.
4. Using a sheet of baking paper, roll the dough out into a larger circle than you want for your pizza.
5. Place the cheese sticks at regular intervals around the edges and roll to contain the cheese. You will need to work quite quickly here as the dough gets harder to handle as it cools.
6. Place the baking paper and crust on to a tray and bake for 10 minutes.
7. When cooked, spread the passata on top of the pizza crust and sprinkle the shredded mozzarella on top.
8. Lay the slices of fresh mozzarella around and then return to the

oven for a further 10 minutes.

9. Sprinkle with shredded basil and serve with a grind of black pepper. Drizzle with olive oil.
10. Store, wrapped well, in the refrigerator for up to four days. It will get soggy so reheat before serving.

## More great content on KetoDietApp.com

[Keto calculator](#)

[Best keto recipes](#)

[Complete keto diet food list](#)

[Expert articles & ketogenic guides](#)

[Keto Diet App](#)

[Free & premium keto diet plans](#)